

WEEKLY ACTIVITY SCHEDULE FOR July 19-25, 2026, MBH

Schedule & menu subject to change without notice.

SUNDAY-19	MONDAY-20	TUESDAY-21	Wednesday-22	THURSDAY-23	FRIDAY-24	SATURDAY-25
11:00 Mass on EWTN #26 11:45 Dinner 1:00 Movie: A Patch of Blue with Sidney Poitier 2:00 Coffee Hour 3:00 Fantasy Island Channel 20 4:00 Chapel Service With Wade and Karen Enget 5:45 SUPPER 5:00 Rummikub 6:00 Lawrence Welk Channel 5	9:30 Devotions 14 Ways to get up on the right side of the bed 10:00 Parachute Exercise 11:00 Garbage Cards and More 11:45 DINNER 1:00 Mail 2:30 Bingo and Rhubarb Sauce 4:00 Music by Woody Guthrie 5:45 Supper	9:30 Backyard Birds: World's Biggest birdcage 10:00 Exercise w/ Zumba Sticks 10:30 Laundry Workers' Tribute 11:00 Kings in the Corner & teaching of Whist Playing 11:45 DINNER 1:00 Mail & Rm visit 2:00 Jerry Schlag Accordion Music 4:00 World's Tallest Ferris wheel 5:45 Supper	9:00 Nail Care 10:00 Bible Study w/Pastor Erin 11:00 Movie Star Cheryl Ladd 11:15 lobby music 11:45 DINNER 1:30 Reading of the Promoter 2:30 Popcorn Social & Movie "Resident Choice" 4:00 Outdoor Strolls 5:45 Supper	9:30 Chapel with Milo Mell 10:30 The Life of Bees 11:00 Card writing 11:45 DINNER 1:00 Mail Delivery 2:30 New York Statehood and NY Cheesecake 4:00 Cowboy boot making in Nocona Texas 5:45 Supper 7:00 Andy Griffith Lobby Channel 20	9:00 Hair Care 10:30 Vibes of Lionel Hampton 11:00 Cornhole 11:45 DINNER 1:00 Mail Delivery 1:30 Motorcycle Time: Tour of Motorcyclopedia Museum 2:30 Bingo and and fun w/Spam 4:00 Outdoor Strolls 5:45 Supper	9:30 Music of by The Doors 10:00 Balloon Noodle Tennis 11:00 What is the Difference 11:45 Dinner 1:00 Mail Delivery 1:30 Current Events 2:30 Thrilling Airshow Wing Walkers 3:30 Higher & Lower Cards 5:45 Supper
<u>Sunday Breakfast</u> Malt O Meal Creamed Chip beef Biscuit Apple Juice Coffee, Milk <u>Sunday Dinner</u> Pasta Penne with Marinara Sauce Tossed Salad with Dressing Texas Toast New York Cheesecake <u>Sunday Supper</u> Ham & Swiss Sandwich Melt Home Fries Potatoes Pineapple Upside Down Cake	<u>Monday Breakfast</u> Oatmeal Breakfast Bake Apple Turnover Apple Juice Coffee, Milk <u>Monday Dinner</u> Beef Stroganoff Stew Roasted Asparagus Peach Cobble Coffee <u>Monday Supper</u> Chicken Enchiladas Refried beans Yellow Cake Coffee	<u>Tuesday Breakfast</u> Malt O Meal Belgian Waffle w/ Strawberries & Syrup Cranberry Juice Coffee, Milk <u>Tuesday Dinner</u> Oven Fried Chicken Potato Salad Calio Corn Corn Muffin Ice Cream Sundae Coffee <u>Tuesday Supper</u> Bratwurst Links Tater Tots Rainbow Sherbet Coffee	<u>Wed. Breakfast</u> Coco Wheats Biscuit & Sausage Gravy Coffee, Milk Orange Juice <u>Wed. Dinner</u> Liver and Onions Or Chicken Kiev Fried Potatoes Green Beans with Onions & Bacon Iced Banana Cake Coffee <u>Wed. Supper</u> Supreme Pizza Creamy Cucumber and Onion Salad Peanut Butter Brownie Coffee	<u>Thursday Breakfast</u> Cream of Wheat Scrambled Egg w/Cheese Vanilla Greek Yogurt Toast Coffee, Milk Grape Juice <u>Thursday Dinner</u> Taco Salad with Beef served with Doritos Chips and Cool Ranch Seedless Grapes Coffee <u>Thursday Supper</u> Sloppy Joe on Bun Macaroni Salad Strawberry Ice Cream Coffee	<u>Friday Breakfast</u> Cream of Rice Hash Brown Patty Breakfast Sandwich Apple juice Coffee, Milk <u>Friday Dinner</u> Tilapia Fish with Lemon Rice Pilaf Coleslaw Lemon Bar Coffee <u>Friday Supper</u> Lasagna with meat Sauce Sliced Pickled beets Blueberries and Pears Coffee	<u>Saturday Breakfast</u> Malt O Meal Diced Potatoes Breakfast Burrito Sausage & Cheese Grape Juice Coffee, Milk <u>Saturday Dinner</u> Chef Salad with Ham Coconut Cream Pie Coffee <u>Saturday Supper</u> Pulled Pork Sandwich Three Bean Salad Lime Pear Gelatin Square Coffee

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