



# 2025 CHNA Implementation Plan



# Introduction

The Mountrail County Medical Center (MCMC) is committed to improving the overall health and wellness of the community it serves. The mission of our health center is “At Mountrail County Health Center, we strive to create an environment which encourages all individuals to attain their highest level of physical, emotional, and spiritual health. We will achieve this environment by adhering to the words of our core values, which are: Honesty, Excellence, Accountability, Respect, Teamwork.”

In an effort to gauge overall health needs and identify health concerns of the community, a survey was distributed throughout the county in December 2024. MCMC has released the results and findings of the recent study about community health needs in the Stanley area. You may visit the RESOURCES tab on our website at [www.stanleyhealth.org](http://www.stanleyhealth.org) for the report detailing the findings. This 2025 report, along with the last report which was completed in 2022, will remain available on our website for several years.

The assessment process used a variety of methods to gather information and data about the health status and needs of the local population. These methods included a survey which was distributed to community residents and health care professionals, one-on-one interviews with community leaders, focus groups, and an in-depth study of county-level statistics regarding health outcomes, health behaviors, clinical care, and the local physical environment.

More than 104 area residents provided input to the study by completing surveys, giving interviews, and participating in focus groups. In addition to helping identify community health needs, a group of community members also provided guidance to the hospital by ranking and prioritizing the identified needs. The group collectively ranked the top five health-related needs facing the community as:

- (1) Adult alcohol use and abuse (combined with Youth)
- (2) Availability of resources to help the elderly stay in their homes
- (3) Extra appointment hours, such as evening and weekends
- (4) Having enough child daycare services
- (5) Youth drug use and abuse (combined with Adult)

For each of these needs, MCMC has outlined in this Implementation Plan its objectives and strategies to address the issues pertaining to the needs. Over the next several years, MCMC will **implement, evaluate** and **adjust** its strategies to obtain the best outcomes for its community.

A periodic community needs assessment is one of the requirements of the Affordable Care Act. The law requires non-profit hospitals, such as the Mountrail County Medical Center, to assess the community’s health needs periodically. MCMC received assistance in conducting the assessment from the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences. To learn of other North Dakota communities’ prioritized needs and ideas to address them, go to [www.ndchna.org](http://www.ndchna.org) for a complete list of CHNA reports and implementation strategies.



# Availability of resources to help the elderly stay in their homes

## Background

- According to survey respondents, one of the most highly voiced concerns was Availability of resources to help the elderly stay in their homes. Out of eighty-two responses, thirty-five (43%) chose this as a concern for the Senior Population of our area.
- Members of the community group which met to prioritize health needs in our area chose Availability of resources to help the elderly stay in their homes as the top priority for concerns they felt needed addressing. This was a newly identified need for this community, not being previously identified during the Community Health Needs Assessment process.

**Objective:** To allow the elderly residents of Mountrail County to stay in their homes longer.

**GOAL:** This objective is a hard one for us because our Health Center includes an Assisted Living, Nursing Home and Basic Care units, which take care of the elderly. We do however understand the desire of the elderly to stay in their own home as long as possible.

## Strategy for 2025:

- Working on a feasibility study with Eide Bailey to see the needs in the entire county on this subject
- Work with our Rural Health Clinic that is located on our campus on looking into wearable health devices for our patients.
- Work with our Care Coordinator on a Chronic Care Management (CCM) program.
  - We have applied with the Center for Rural Health for a Cohort focusing on building a strong CCM program.



## Extra appointment hours, such as evenings and weekends

### Can Not Be Addressed by the Implementation Plan:

At this time, we cannot address this item for we are in the process of a four-year building project. We do not have the room or the staff capability now. We will revisit this issue when our building project is complete at the end of 2027.

# Having Enough Child Daycare Services

## Background

- According to survey respondents, of all the challenges in the community, the greatest challenge is having enough child daycare services. Of twenty-one concerns listed and the possibility of listing any other concerns, 53% indicated that having enough childcare services is a community/environmental health concern.
- Interviews with community leaders and health professionals as well as discussion with community members indicated that having enough child daycare services is one of the top issues they are aware of. It was noted by one interviewee that young families have to leave the area for jobs because there are no daycare openings. Another interviewee said that families have to rely on grandparents and retired family members to watch their children.
- Eight of nine community members who met to rank the community's health needs chose Having enough child daycare services as one of those needs, and when prioritizing needs, this issue was ranked the second most important priority at this time.

**Objective:** Help our staff find affordable and reliable daycare.

**GOAL:** It's hard finding good staff. It's extremely sad when qualified employees have to resign or take unwanted time off due to their daycare closing, taking vacations, or otherwise being unavailable.

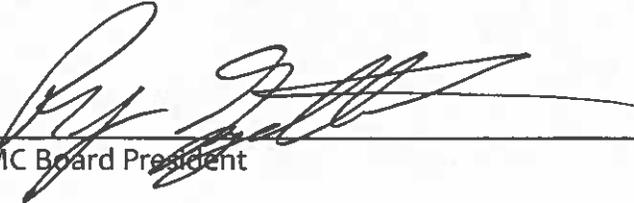
**Strategy for 2025:** Work with Raggamuffins Childcare Learning Center which will be opening a brand-new building, allowing more children to be taken care of.

**Measurement of Effectiveness:** To be able to accommodate the growing need for affordable daycare of our employees. We are one of the largest employers in our service area.



# Adoption by the MCMC Board of Directors

By resolution of the Board of Directors for the Mountrail County Medical Center on this date, this CHNA Implementation Plan was adopted by MCMC and will serve as a guiding tool over the next three years to meet the needs of the community for whom it serves.

  
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MCMC Board President

*10-23-25*  
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Date