



## **JOB DESCRIPTION**

**Job Title:** Physical Therapist

**Department:** Physical Therapy

**Reports To:** Physical Therapy Manager

### **Position Summary:**

Responsible for evaluating and treating all referred patients in skilled nursing unit, swing bed, and outpatient settings to provide services that help restore function, improve mobility, relieve pain, and prevent or limit permanent physical disabilities for patients suffering from injuries or disease. Physical therapists should be able to effectively and respectfully communicate and coordinate care with physicians, referring providers, nursing staff, and other healthcare professionals within and outside of our facility to ensure quality care.

### **Qualifications and Requirements:**

1. License and Certifications Required:
  - Current North Dakota License and in compliance with the 25 PT Continuing Education Units every two years to maintain licensure
2. Educational Requirements:
  - Graduate of an accredited Physical Therapy Program
  - Must be able to speak, read, write and understand English
3. Experience Requirements: None; however, physical therapy or healthcare industry experience is preferred.
4. Special Skills or Training:
  - Positive attitude toward the elderly and ill
  - Basic computer skills
  - Willing and able to provide PT services in the aquatic center as needed
  - Encouraged strongly to be a member of the APTA, for professional benefit as well as CEU discount eligibility for the facility
5. Physical Requirements:
  - Lifting: up to 75 pounds
  - Carrying: up to 50 pounds
  - Standing: 7 or more hours per shift
  - Walking: 7 or more hours per shift
  - Reaching: 5 or more hours per shift
  - Grasping: 7 or more hours per shift
  - Hand Coordination: 7 or more hours per shift
  - Pushing & Pulling: 6 or more hours per shift
  - Ability to Remain Calm Under Stress

### **Essential Duties and Responsibilities:**

1. Ensure patient, resident, visitor, and employee safety while performing all duties and responsibilities.
2. Perform Physical Therapy evaluations on PT referred patients regarding the use of therapeutic exercises, neurological-developmental procedures, modalities to improve posture, gait, mobility, strength, endurance,

balance, joint mobility, flexibility, circulation, developmentally appropriate motor skills, and to decrease pain and also assist in slowing or stopping progression of physical disabilities.

3. Document a written summary of the Physical Therapy evaluation with Physical Therapy assessment, treatment plan of care, frequency and time frame of measurable goals.
4. Responsible for documenting Physical Therapy interventions on all patients with the SOAP format (subjective, objective, assessment, plan).
5. Assist with restorative therapy program for nursing home residents.
6. Perform Physical Therapy sixth visits after a patient has been seen by a PTA five consecutive times.
7. Communicate plan of care with PTA for patients and assist with treatments as appropriate.
8. Assist PTA as needed, when performing treatments that require two people to perform.
9. Perform Physical Therapy Nursing home admit evaluations and determine whether residents will receive formal PT, Restorative, or Walk to Dine programs and communicate this with nursing staff, RAs and PTA.
10. Maintain "locked department status" in compliance with HIPPA regulations when not present in the PT department.
11. Assist with clinically instructing and supervising PT or PTA students and provide input on their evaluations.
12. Assist PTA with scheduling of patients.
13. Complete treatment documentation, correspondence with insurance and referring providers, billing and assist with monitoring of therapy charges.
14. Assist in keeping Physical Therapy department clean and organized.
15. Order Physical Therapy supplies, such as theraband, ultrasound gel, electrical stimulation electrodes, etc. from Purchasing as needed.
16. Complete letters of Medicare non-coverage for swing bed and acute patients that are seen for physical therapy.
17. Know and comply with Residents' Rights rules.
18. Attend and participate in orientation, training, mandatory education, in-services, staff meetings, and education courses to further improve knowledge and skills.
19. Maintain Resident and Patient Confidentiality.
20. Treat Residents, Patients, Visitors and Co-workers with kindness, dignity and respect at all times.
21. Promote teamwork; encourage others to work to the best of their ability.
22. Have a positive attitude; accept change willingly; follow facility rules, regulations and job assignments; accept suggestions well for work improvement; perform well with minimum supervision; do what is requested without complaint; cooperate with supervisor and show respect at all times; speak well of company and job.
23. Follow company dress code.

I understand this job description and its requirements; I understand that this is not an exclusive list of the job functions and that I am expected to complete all other duties as assigned; I understand the functions may be altered by management without notice; I understand that this job description in no way constitutes an employment agreement and that I am an at-will employee.

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Employee Signature

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Date