**WEEKLY ACTIVITY SCHEDULE FOR AUG 4, 2019 –AUG 10, 2019**

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|  **SUNDAY-4** | **MONDAY-5** |  **TUESDAY-6** | **WEDNESDAY-7** | **THURSDAY-8** | **FRIDAY-9** |  **SATURDAY-10** |
| **10:00 Chapel W/** **Grawbows****11:00 Catholic Communion****11:45 DINNER****3:00 Movie in the Lobby****5:45 SUPPER****7:00 The Lawrence Welk Show-Lobby** | **9:00 Devotions****9:30 Sit & Get Fit****10:00 Balloon Tennis****11:00 Cattlemen’s Club****11:45 DINNER****1:00 Mail & Room Visits****2:30 BINGO****4:30 Ball Toss****5:00 Card Sharks****5:45 SUPPER** | **9:00 Devotions****9:30 Chair Exercises****10:00 Women’s Club-Arts & Crafts****11:00 Cattlemen’s****Club** **11:45 DINNER****1:00 Mail/ Room Visits****2:30 Music/Sing-a-Long****3:00 Timeless Trivia****4:30 Tables Games****5:00 Giant Yahtzee****5:45 SUPPER** |  **9:00 Devotions****9:30 Sit & Get Fit****10:00 Flyswatter Volleyball****11:00 Cattlemen’s Club****11:45 DINNER****1:00 Mail, Promoters & Room Visits****2:30 Bingo****4:30 Kings in a Corner****6:30 Hymn Singing****5:45 SUPPER** | **8:30 Nail Polishing****9:00 Sensory Group****11:00 Cattlemen’s Club** **11:45 DINNER****1:00 Mail & Room Visits****1:30 Chapel –Carter Hill****2:00 Sentimental Reflections****3:00 Beach Ball Bowling****4:30 Cards****5:45 SUPPER** | **8:00 Hair Fixing****11:00 Cattlemen’s Club****11:45 DINNER****1:00 Mail Delivery****& Room Visits****2:30 Bingo** **4:30 Card Sharks****5:00 Resident’s Choice****5:45 SUPPER** | **9:00 Devotions****9:30 Sit & Get Fit****10:00 Bean Bag Toss****11:00 Cattlemen’s Club****11:45 DINNER****1:00 Mail & Calendar Delivery****2:30 Balloon Tennis****3:00 Cards****4:30 Movie in Lobby****5:30 SUPPER** |
| **Sunday Breakfast****Farina Hot Cereal****Scrambled Egg****Donut****Sunday Dinner****Roast Beef & Gravy****Mashed Potatoes****Green Bean Casserole****Dinner Roll****Angel Food Cake W/ Strawberries****Sunday Supper****Garden Vegetable Soup****Loaded Turkey Hoagie****Crispy Rice Bar** | **Monday Breakfast****Cream of Wheat****Fried Egg****Cinnamon Roll****Monday Dinner****Ranchers Chicken****Scalloped Potatoes****Scandinavian Vegetable Mix****Dinner Roll****Apple Pie****Monday Supper****Deli Sub Sandwich****Confetti Coleslaw****Ice Cream Sandwich** | **Tuesday Breakfast****Oatmeal****Biscuit****Sausage Gravy****Tuesday Dinner****Porcupine Meatballs****Brown Gravy****Mashed Potatoes****Lyonnaise Carrots****Marble Rye Bread****Chilled Citrus Cup****Tuesday Supper****French Dip Sandwich****Caesar Salad****Fruit Turnover** | **Wed. Breakfast****Cream of Wheat****Scrambled Egg****Wheat Toast****Wed. Dinner****Beef Stroganoff****Seasoned Egg Noodles****Seasoned Green Peas****Seasonal Fresh Fruit****Wed. Supper****Baked Potato Soup****Italian Deli Wrap****Garden Salad****Chilled Mandarin Oranges** | **Thursday Breakfast****Farina Hot Cereal** **Wheat Toast****Thursday Dinner****Baked Ham****Glazed Sweet Potatoes****Parsley Cauliflower****Pudding Parfait****Thursday Supper****Vegetable Soup** **Grilled Chicken Sandwich****Garden Rotini Salad****Chilled Fruit Cocktail** | **Friday Breakfast****Cream of Rice****Sausage Link****Belgian Waffle****Friday Dinner****Salmon Fillet Broiled****Confetti Rice****Squash Casserole****Poached Pears****Friday Supper****Beef Stew****Biscuit****Lemon Bar** | **Saturday Breakfast****Oatmeal****French Toast****Saturday Dinner****Salisbury Steak & Gravy****Mashed Potatoes** **Sliced Dilled Carrots****Chilled Pineapple** **Saturday Supper****Turkey Noodle Casserole****Peas & Onions****Wheat Dinner Roll****Frosted Brownie** |
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