**WEEKLY ACTIVITY SCHEDULE FOR AUG 4, 2019 –AUG 10, 2019**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SUNDAY-4** | **MONDAY-5** | **TUESDAY-6** | **WEDNESDAY-7** | **THURSDAY-8** | **FRIDAY-9** | **SATURDAY-10** |
| **10:00 Chapel W/**  **Grawbows**  **11:00 Catholic Communion**    **11:45 DINNER**  **3:00 Movie in the Lobby**  **5:45 SUPPER**  **7:00 The Lawrence Welk Show-Lobby** | **9:00 Devotions**  **9:30 Sit & Get Fit**  **10:00 Balloon Tennis**  **11:00 Cattlemen’s Club**  **11:45 DINNER**  **1:00 Mail & Room Visits**  **2:30 BINGO**  **4:30 Ball Toss**  **5:00 Card Sharks**  **5:45 SUPPER** | **9:00 Devotions**  **9:30 Chair Exercises**  **10:00 Women’s Club-Arts & Crafts**  **11:00 Cattlemen’s**  **Club**  **11:45 DINNER**  **1:00 Mail/ Room Visits**  **2:30 Music/Sing-a-Long**  **3:00 Timeless Trivia**  **4:30 Tables Games**  **5:00 Giant Yahtzee**  **5:45 SUPPER** | **9:00 Devotions**  **9:30 Sit & Get Fit**  **10:00 Flyswatter Volleyball**  **11:00 Cattlemen’s Club**  **11:45 DINNER**  **1:00 Mail, Promoters & Room Visits**  **2:30 Bingo**  **4:30 Kings in a Corner**  **6:30 Hymn Singing**  **5:45 SUPPER** | **8:30 Nail Polishing**  **9:00 Sensory Group**  **11:00 Cattlemen’s Club**  **11:45 DINNER**  **1:00 Mail & Room Visits**  **1:30 Chapel –Carter Hill**  **2:00 Sentimental Reflections**  **3:00 Beach Ball Bowling**  **4:30 Cards**  **5:45 SUPPER** | **8:00 Hair Fixing**  **11:00 Cattlemen’s Club**  **11:45 DINNER**  **1:00 Mail Delivery**  **& Room Visits**  **2:30 Bingo**  **4:30 Card Sharks**  **5:00 Resident’s Choice**  **5:45 SUPPER** | **9:00 Devotions**  **9:30 Sit & Get Fit**  **10:00 Bean Bag Toss**  **11:00 Cattlemen’s Club**    **11:45 DINNER**  **1:00 Mail & Calendar Delivery**  **2:30 Balloon Tennis**  **3:00 Cards**  **4:30 Movie in Lobby**  **5:30 SUPPER** |
| **Sunday Breakfast**  **Farina Hot Cereal**  **Scrambled Egg**  **Donut**  **Sunday Dinner**  **Roast Beef & Gravy**  **Mashed Potatoes**  **Green Bean Casserole**  **Dinner Roll**  **Angel Food Cake W/ Strawberries**  **Sunday Supper**  **Garden Vegetable Soup**  **Loaded Turkey Hoagie**  **Crispy Rice Bar** | **Monday Breakfast**  **Cream of Wheat**  **Fried Egg**  **Cinnamon Roll**  **Monday Dinner**  **Ranchers Chicken**  **Scalloped Potatoes**  **Scandinavian Vegetable Mix**  **Dinner Roll**  **Apple Pie**  **Monday Supper**  **Deli Sub Sandwich**  **Confetti Coleslaw**  **Ice Cream Sandwich** | **Tuesday Breakfast**  **Oatmeal**  **Biscuit**  **Sausage Gravy**  **Tuesday Dinner**  **Porcupine Meatballs**  **Brown Gravy**  **Mashed Potatoes**  **Lyonnaise Carrots**  **Marble Rye Bread**  **Chilled Citrus Cup**  **Tuesday Supper**  **French Dip Sandwich**  **Caesar Salad**  **Fruit Turnover** | **Wed. Breakfast**  **Cream of Wheat**  **Scrambled Egg**  **Wheat Toast**  **Wed. Dinner**  **Beef Stroganoff**  **Seasoned Egg Noodles**  **Seasoned Green Peas**  **Seasonal Fresh Fruit**  **Wed. Supper**  **Baked Potato Soup**  **Italian Deli Wrap**  **Garden Salad**  **Chilled Mandarin Oranges** | **Thursday Breakfast**  **Farina Hot Cereal**  **Wheat Toast**  **Thursday Dinner**  **Baked Ham**  **Glazed Sweet Potatoes**  **Parsley Cauliflower**  **Pudding Parfait**  **Thursday Supper**  **Vegetable Soup**  **Grilled Chicken Sandwich**  **Garden Rotini Salad**  **Chilled Fruit Cocktail** | **Friday Breakfast**  **Cream of Rice**  **Sausage Link**  **Belgian Waffle**  **Friday Dinner**  **Salmon Fillet Broiled**  **Confetti Rice**  **Squash Casserole**  **Poached Pears**  **Friday Supper**  **Beef Stew**  **Biscuit**  **Lemon Bar** | **Saturday Breakfast**  **Oatmeal**  **French Toast**  **Saturday Dinner**  **Salisbury Steak & Gravy**  **Mashed Potatoes**  **Sliced Dilled Carrots**  **Chilled Pineapple**  **Saturday Supper**  **Turkey Noodle Casserole**  **Peas & Onions**  **Wheat Dinner Roll**  **Frosted Brownie** |
|  |  |  |  |  |  |  |